

COMEBACK ATHLETE OF THE MONTH

sponsored by Valir Physical Therapy

VALIR PHYSICAL THERAPY *Getting you back in the game!*

Keifer Lee – Mustang High School

For Mustang junior Keifer Lee, October 28th will always be a date not easily forgotten. Keifer, a linebacker for the Broncos, had his football season cut short during a game against Purcell. He tore his ACL, strained his meniscus, PCL and LCL and had severe bone contusions. Within weeks, he went in for surgery with Dr. Sean O'Brien at Community Hospital.

After his surgery he decided to try physical therapy at home, but within three weeks needed additional assistance and went to Valir Physical Therapy in Mustang.

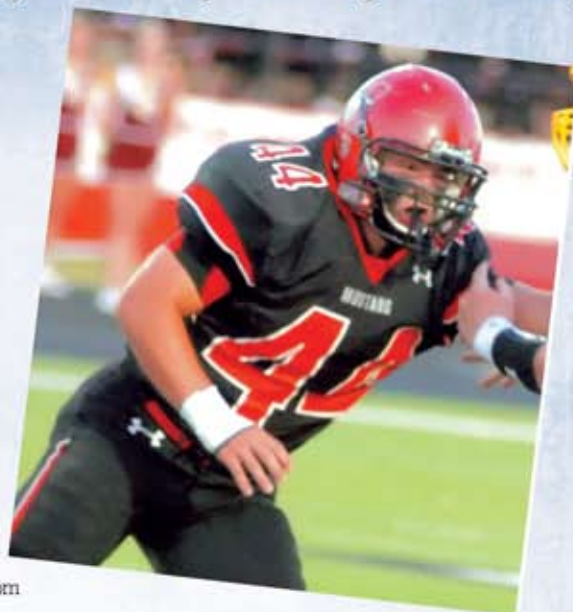
"I enjoyed the whole team at Valir. Ryan and all the other employees helped me get back on my feet," Keifer said. "The team of expert therapists and the other patients made the hard work during the rehabilitation process fun!"

Within three months, Keifer was ready to participate in a scrimmage.

"I feel much better now," Keifer said. "It took a lot of physical therapy to help — a lot."

Thanks to the team at Valir, Keifer is back in the game and ready to help the Broncos win a state championship.

Nominations for the "Comeback Athlete of the Month" can be emailed to joe.streich@valir.com or mailed to 700 NW 7th Street Oklahoma City, OK 73012.



Altus

301 E. Broadway
Altus, OK 73521
(580) 477-3305
(580) 477-2423 fax
Manager: Dustin Burrow, PT



Duncan

1509 Brookwood Ave., Ste. A
Duncan, OK 73533
(580) 252-9159
(580) 255-2158 fax
Manager: Doug Soell, MPT



Edmond

1425 S. Santa Fe Ave., Ste. E
Edmond, OK 73003
(405) 285-8845
(405) 285-8848 fax
Manager: Clint Lawrence, PT



Guthrie

1726 S. Division St., Ste. A
Guthrie, OK 73044
(405) 293-6138
(405) 293-6252 fax
Manager: Jay Wheat, MPT



Midwest City

6904 E. Reno
Midwest City, OK 73110
(405) 610-2488
(405) 610-2484 fax
Manager: Eric Browning, PT



Mustang

549 N. Mustang Road
Mustang, OK 73064
(405) 376-3535
(405) 376-3583 fax
Manager: Ryan Flanary, PT



Norman

708 24th Avenue NW, Suite 100
Norman, Oklahoma 73069
(405) 321-5969
(405) 321-5967 fax
Manager: Kathryn Castellow, PT, CHT



OKC Hefner Pointe

10914 Hefner Pointe Dr., Ste. 204
Oklahoma City, OK 73120
(405) 749-6720
(405) 749-1066 fax
Manager: David Huslig, PT



OKC Rehab Hospital Outpatient Clinic

721 N.W. 6th St.
Oklahoma City, OK 73102
(405) 553-1501
(405) 553-1003 fax
Manager: David Miller, PT



OKC South

8409 S. Western
Oklahoma City, OK 73139
(405) 616-0113
(405) 616-0116 fax
Manager: Jason Keltner, PT, ATC



Purcell

1907 S. Green Ave.
Purcell, OK 73080
(405) 527-3524
(405) 527-3536 fax
Manager: Samer Zantout, MPT



Shawnee

3306 N. Kickapoo, Ste. 200
Shawnee, OK 74804
(405) 214-9808
(405) 214-9389 fax
Manager: Scott Howard, PT



Yukon (Inside Crosstrainers)

1091 S. Cornwell
Yukon, OK 73099
(405) 354-6698
(405) 354-6609 fax
Manager: Mark Palmer, PT



Therapies Available

- Physical Therapy
- Aquatic Therapy
- Occupational Therapy
- Speech Therapy
- Hand Therapy
- WorkSTEPS Program
- Post-Oper Screening
- Functional Capacity Eval.



Rebuild Strength
Restore Mobility
Regain Confidence

INSURANCE CONTRACTS

Aetna US Healthcare
Blue Cross Blue Shield
Beech Street
Bluecross HMO
Cigna
Community Care HMO
CompChoice
CorVel
Coventry
(First Health, CCN, Mail Handlers, PPO Oklahoma)
Health Choice

Humana / Choice Care
Medicaid
Medicare
MultiPlan / PHCS
OSMA / PLICO
PPO USA / GEHA
Pacificare / Secure Horizons
Preferred Community Choice
Tricare / Champus
United Healthcare
Workers' Compensation